

## Discovering Tryphena

Trouble with Tryphena: if you linger here, it might make your ordinary life seem less than perfect.

All you need to know to enjoy exploring this area for a day.



Places of interest

1 Station Rock Lookout
4 Mulberry Grove
7 Ross Bay
2 Coastal road with great views
5 Shoal Bay
8 Ruahine Lookout
3 Stonewall village
6 Shoal Bay Wharf
9 Cape Barrier (Tai-tu-mata)

Walk safe: for walks longer than 30 minutes, wear good shoes, a sun hat and sunblock. Carry water.

Most tracks are clearly marked.

Find out more: phone 09 301 0101 or visit www.aucklandcouncil.govt.nz

